

BENEDETTA PONGIGLIONE

Bocconi University
Centre for Research on Health and Social Care Management (CERGAS)
Via Roentgen 1,
20136 Milano

ACADEMIC APPOINTMENTS

- May 2018 – present **Postdoctoral Research Fellow** Centre for Research on Health and Social Care Management (CERGAS), Bocconi University, Milan (Italy)
- Present **Honorary Research Associate** *Centre for Longitudinal Studies (CLS)*, UCL University College London, London (UK). Research associate in Nov 2016-May 2018.

EDUCATION

- 2013-2017 **Ph.D. in Epidemiology and Population Health** *London School of Hygiene and Tropical Medicine, Department of Medical Statistics*, London (UK)
Dissertation: Gender inequality in healthy ageing: a study of the English older population over a decade
- 2012-2013 **European Doctoral School of Demography** *Barcelona Autonomous University*, Barcelona (Spain)
Dissertation: Health Inequalities over the Life Course in 14 European Countries: the Role of Education
- 2013 Feb **Visiting student** *Institut National d'Études Démographiques*, Paris (France)
- 2012 Sept European Doctoral School of Demography, preparatory courses *Max Planck Institute for Demographic Research*, Rostock (Germany)
- 2009-2012 **M.Sc. (Summa cum laude), Economics and Social Science** *Università Commerciale Luigi Bocconi*, Milan (Italy)
Dissertation: Migration and health above age 50: a European analysis based on SHARE.
- 2006-2009 **B.A. (Summa cum laude), Business Economics** *Università degli Studi di Genova*, Genoa (Italy)
Dissertation: Investment in human capital: efficiency and equity in Italian educational system
- 2001-2006 Classic High School (100/100), Genoa (Italy)

WORK EXPERIENCE

TEACHING

- 2019 - 2017 **Summer School on Modern Methods in Biostatistics and Epidemiology**, Treviso (Italy). Teaching of Basics of Stata

- 2017 Nov **Invited Lecturer** on Disability and Ageing in undergraduate UCL course in Health and Social Epidemiology
- 2017 – Ongoing **Co-supervisor** for 2 PhD students, UCL Institute of Education, London, UK
- 2016 - 2018 MSc students **Supervisor**, UCL Institute of Education, London, UK
- 2016 Nov **Methods and Data workshop** “Wellbeing over the life course: Learning from the British cohort studies”, LSE, London (UK).
- 2015-2016 **Practical Facilitator:** Statistics for Epidemiology and Population Health, M.Sc. course, LSHTM, London (UK)
- 2015 **Tutoring:** private tutoring in statistics to LSHTM master students

OTHER WORKING EXPERIENCE

- **Reviewer** BMJ Open, BMJ Occupational and Environmental Medicine, Social Science and Medicine
- **Member** of Population Association of America (PAA), Society for Social Medicine (SSM), International Union for the Scientific Study of Population (IUSSP), Italian Association for Population Studies (AISP)
- **United Nations** Intern, Tirana, Albania (2012 Apr-Jun)
- **International Organization for Migration** (IOM) Intern, Geneva, Switzerland (2011 Jul-Sep)
- **Volunteer:** Community of Sant’Egidio in Italy, Albania, London (2007-Present)

HONORS & AWARDS

Bradford-Hill Prize, Award for **best PhD thesis** relevant to methodological research in epidemiology or biostatistics. London School of Hygiene and Tropical Medicine (2018).

ESRC Research Studentship (+3), Economic and Social Research Council. Sept. 2013-Sept 2016

Advanced Quantitative Methods (AQM) enhanced stipend, Economic and Social Research Council. Sept. 2013-Sept 2016

INED Studentship, Institut National d'Etudes Démographiques. Sept 2012- Jul 2013

Society for Social Medicine, University College of Dublin, Ireland, financial support to participate at the 59th Annual Scientific Meeting.

Best poster award, Research Degree Students’ Poster Day, Faculty of Epidemiology and Population Health, London School of Hygiene and Tropical Medicine (2016).

LANGUAGES

Human: Italian (native language). English. Spanish (good. B2 course at Insitituto Cervantes, London 2015). French (good. B1 course at Centre Culturel Francais de Milan, 2011).

Machine: Microsoft Office, Open Office, LaTeX, Endnote, Stata, Mplus, R (basic).

PUBLICATIONS

PEER-REVIEWED PUBLICATIONS

- **Pongiglione B.** & Fitzsimons E. (2018) Prevalence of and trends in overweight and obesity in childhood and adolescence: findings from the Millennium Cohort Study, up to age 14. *Longitudinal and Life Course Studies*.

- Fitzsimons E. & **Pongiglione B.** (2018). The impact of maternal employment on children's weight. *Social Science & Medicine – Population Health*.
- **Pongiglione B.**, Ploubidis G.B., De Stavola B.L. (2017) Levels of disability in the older population of England: Comparing binary and ordinal classifications. *Disability and Health Journal*.
- **Pongiglione, B.**, De Stavola, B. L., Kuper, H., & Ploubidis, G. B. (2016). Disability and all-cause mortality in the older population: evidence from the English Longitudinal Study of Ageing. *Eur J Epidemiol*. doi: 10.1007/s10654-016-0160-8
- Sommariva, S., **Pongiglione, B.**, & Tarricone, R. (2016). Impact of chemotherapy-induced nausea and vomiting on health-related quality of life and resource utilization: A systematic review. *Crit Rev Oncol Hematol*, 99, 13-36. doi: 10.1016/j.critrevonc.2015.12.001
- **Pongiglione, B.**, & Sabater, A. (2016). The Role of Education at Young and Older Ages in Explaining Health Inequalities in Europe. *Population, Space and Place*, 22(3), 255-275. doi: 10.1002/psp.1899
- **Pongiglione, B.**, De Stavola, B. L., & Ploubidis, G. B. (2015). A Systematic Literature Review of Studies Analyzing Inequalities in Health Expectancy among the Older Population. *PLoS One*, 10(6), e0130747. doi: 10.1371/journal.pone.0130747
- **Pongiglione, B.**, Ploubidis, G., De Stavola, B., & Kuper, H. (2015). OP20 Using a latent disability structure to explain mortality among the older population. *Journal of Epidemiology and Community Health*, 69(Suppl 1), A17-A18. doi: 10.1136/jech-2015-206256.20

IN PREPARATION

- Jivraj S., Goodman A., **Pongiglione B.**, & Ploubidis G.B. (under review). Expansion or compression of morbidity in the working age population in England: are we getting sicker, younger?
- **Pongiglione B.**, Ploubidis G.B. & De Stavola B.L. (under review) Disability-free life expectancy between 2002 and 2012 in England: trends differ across genders and levels of disability.
- **Pongiglione B.**, Bann D., Hamer M., Sullivan A. & Ploubidis G.B. (in preparation). Family structure and physical activity: a life-course perspective
- **Pongiglione B.**, Kern M.L., Carpentieri JD., Goodman A., Gupta N., Schwartz A. (in preparation) Children's Expectations about Future Physical Activity Predict their Adult Activity

CONFERENCES AND PRESENTATIONS

INVITED SPEAKER

- 2018** “Disability and all-cause mortality in the older population: evidence from the English Longitudinal Study of Ageing” **CSM Early Career Researcher Showcase**, London School of hygiene and Tropical Medicine, UK
- 2016** “Beyond binary definitions of disability: how many levels are needed?”, MRC Unit for Lifelong Health and Ageing, **University College of London**, UK.

CONFERENCES

- 2019** (April) (1) “Family structure and physical activity: a life-course perspective” (2) “Ambulatory-Care Sensitive Conditions In the metropolitan area of Milan: inner inequalities and comparison with OECD megacities” [Poster] **Population Association of America (PAA)**, Austin, US.
- 2019** (Jan) “Ambulatory-Care Sensitive Conditions In the metropolitan area of Milan: inner inequalities and comparison with OECD megacities” Giornate di Studio sulla Popolazione 2019, **Italian Association for Population Studies**, Milan, Italy.

- 2018** (July) (1) “Family structure and physical activity: a life-course perspective” (2) “Possible and actual selves: Do children's expectations about future physical activity predict their adult activities?” **Society for Longitudinal and Lifecourse Studies** (SLLS), Università Bicocca, Milan.
- 2018** (June) “England’s post-war birth cohorts: living longer, but are they healthier?” **European Association for Population Studies**, Brussels, Belgium.
- 2018** (March) (1) “Maintaining representativeness by maximising the plausibility of the MAR assumption: Evidence from the 1958 British birth cohort”. (2) “Possible and actual selves: Do children's expectations about future physical activity predict their adult activities?” (3) “Family structure and physical activity: a life-course perspective” **60 Years of our Lives Conference, UCL Centre for Longitudinal Studies**, London, UK
- 2018** (Feb) “The impact of maternal employment on children’s weight” **UCL Health Economics Symposium 2018**
- 2017** (Nov) “Disability-free life expectancy between 2002 and 2012 in England: understanding population health changes”, **International Union for the Scientific Study of Population (IUSSP)**, Cape Town, South Africa.
- 2017** (Nov) “.Levels of disability in the older population in England: comparing binary and ordinal classifications”, **International Union for the Scientific Study of Population (IUSSP)**, Cape Town, South Africa. [Poster]
- 2017** (Oct) “The impact of maternal employment on children’s weight.” **Society for Longitudinal and Lifecourse Studies** (SLLS), Stirling, Scotland.
- 2017** (Feb) “Disability-free life expectancy between 2002 and 2012 in England: trends across genders and disability levels”, Giornate di Studio sulla Popolazione 2017, **Italian Association for Population Studies**, Florence, Italy.
- 2017** (Feb) “Disability-free life expectancy between 2002 and 2012 in England: trends across genders and disability levels”, International Health Policy Conference, **London School of Economics and Political Science**, London, UK.
- 2016** (May). “Beyond binary definitions of disability: how many levels are needed?”, MRC Unit for Lifelong Health and Ageing, **London School of Hygiene and Tropical Medicine**, London, UK.
- 2016** (Apr). “Disability and All-Cause Mortality in the Older Population: Evidence from the English Longitudinal Study of Ageing”, **Population Association of America (PAA)**, Washington, US.
- 2015** (Sept). “Using a latent disability structure to explain mortality among the older population”, 59th Annual Scientific Meeting of the **Society for Social Medicine** in University College Dublin, Ireland.
- 2015** (Mar). “Using a latent disability structure to predict mortality among the older population”, **ESRC DTC Conference**, London, UK.
- 2014** (Jun). “Examining the Effects of Children’s Education and their Geographical Location on Parents’ Health in Europe” (with A. Sabater), **European Association for Population Studies**, Budapest, Hungary.
- 2014** (May). “Migration and Health above Age 50: Is There a Healthy Immigrant Effect and a Mediterranean Paradox in Europe?”, **Population Association of America**, Boston, US. [Poster].